

Training Course Outline

Overview

Course Name:	Manual Handling in the Entertainment Industry
Duration:	½ Day (4 hours)
Max. number of delegates:	12
Venue requirements (theory session):	Classroom or equivalent area (can be on-stage), with screen/white wall/cyclorama that can be projected on to; tables and chairs; welfare facilities.
Venue requirements (practical session):	Area for practical training, that includes various examples of the manual handling requirements of the venue.
Delegates will need:	Steel toe-cap footwear, gloves (recommended)
Delegates will receive:	A Certificate of Achievement
Delegates should be:	Physically fit

Objectives

Using theoretical and practical instruction, delegates will learn how to improve manual handling techniques, move and handle loads safely, and be able to conduct a personal manual handling risk assessment by considering the task, individual capability, the load and the environment. Best practice, mechanical aids and team handling will also be covered. The course has been developed specifically for activities carried out in performance spaces, and is suitable for technicians, supervisors, managers, teaching staff and venue owners.

Course Content

- ✓ Applicable legislation
- ✓ Definitions
- ✓ Examples of manual handling found in the venue and industry
- ✓ Injuries
- ✓ Anatomy of the body
- ✓ Risk factors
- ✓ Guidance
- ✓ Safe techniques
- ✓ Types of mechanical aids
- ✓ Risk assessment
- ✓ Practical demonstrations and practice
- ✓ Assessment

